SCREENING MAMMOGRAPHY
Mammography screening is the best method for detecting breast cancer in the early stages when cure rates are highest. It is an examination for women who do NOT have significant breast problems or symptoms such as a lump, nipple discharge or history of prior breast cancer. Screening mammography is offered at 7 convenient locations. Please see the reverse for maps of the locations.

Here are a few guidelines to help you schedule your exam and prepare for your exam.

- Please inform the scheduling specialist if you have breast implants.
- Screening mammography cannot be performed while breast feeding.
- Your screening mammography can be resumed 6 months after you’ve completed breast feeding.
- Most insurances will allow screening mammography once a year.
- Plan to arrive 15 minutes early for your appointment.
- Please don’t bring small children to your appointment unless you have someone to watch them.
- Wear two-piece clothing.
- Please obtain prior films if your previous mammography was performed at a non-Presbyterian location.
- Please plan to remove powders or deodorant prior to your exam.

BONE DENSITY
Osteoporosis literally means “porous bone.” It is usually a silent disease that gradually weakens bones, causing them to become brittle and prone to fractures. Osteoporosis and its associated fractures can affect your mobility and independence.

- Plan to arrive 15 minutes early.
- This exam requires you to lie flat for 20-30 minutes.
- Avoid clothing with metal buttons, buckles, zippers or other types of metal.
- Most insurances will allow bone density exams once every two years.
- Bone density is offered at PIC-Ballantyne, PIC-University, and at the Presbyterian Breast Center at the Medical Tower.
- A signed physician’s order is required for bone density exams. Bring this form with you, or have your physician fax one to: 704-384-8511.

www.presbyterian.org/pink

To schedule your appointment, please call 704-384-7226, or visit us at www.presbyterian.org/pink.
Screening Mammography & Bone Density Services Locations

For Matthews only:
Fax Scheduling: 704-316-9327
Fax Signed MD orders: 704-316-9550

Presbyterian Breast Centers:
Fax: 704-384-8511

To schedule a screening mammogram or a bone density exam, please call 704-384-7226.

Go online at www.presbyterian.org/pink and click on the “schedule your mammogram” box for the screening mammogram forms.

www.presbyterian.org/pink

mammo and bone rev 4/11